

----- 1 YARD & 1 HOUR EASY APRON -----



*With a yard of fabric, a few notions and an hour of time,
you can create a simple, comfortable apron!*

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UPPER PATTERN PIECE

MATERIALS

(1) yard of 45" 100% cotton fabric
(1) 19" wide x 1/2" tall piece of elastic
A large sheet of wrapping paper for your pattern and one 8-1/2"x11" piece of paper.
Coordinating thread, scissors, turning tool, straight pins, safety pin, tape and iron

DIRECTIONS

STEP ONE

Prepare your fabric for sewing. Wash, dry and press fabric.

STEP TWO

Print and cut out the upper pattern piece on page 1.
Using a large sheet of wrapping paper, cut a 15" wide x 22" high rectangle.
Also cut one 2" wide x 27" long strip as well as one 4" wide x 17" long strips.
Tape the upper pattern piece to the wrapping paper piece (FIG 1).



STEP THREE

Lay the pattern pieces on the fold of the fabric (FIG 2).
Lay the 8-1/2"x11" piece at the top, and the two strips on the side (FIG 3).

STEP FOUR

Cut out your apron pieces. When cutting the transition between the upper pattern piece and the bottom section, cut a gradual curve as shown below.



STEP FIVE

Sew a 1/4" seam at the top of the apron by folding the raw edge over 1/4", and then another 1/4". Pin and sew a 1/4" seam, backstitching at each end.



STEP SIX

Trim the bit of fabric that hangs off the edge so the hem is flush to the side of the fabric.



STEP SEVEN

Sew the same type of 1/4" seam as described in step 5, down both bodice edges of the apron, as well as across the bottom of the apron body. Set the apron body aside.



STEP EIGHT

Make the neck strap. Lay the 2" x 27" strips together right-side down. Sew a 1/4" seam down both of the long sides. Using a turning tool, turn the neck strap right-side-out.



STEP NINE

Attach a safety pin to one end of the elastic. Use the pin to push the other end of the elastic to the opposite end of the neck strap (FIG 1). Pin the elastic to the fabric (FIG 2).



FIG 1



FIG 2

STEP TEN

Attach the first side of the neck strap to the top of the apron by pinning at the left edge. Sew a 1/4" seam. Pull the elastic through to the other side, remove the safety pin and pin the elastic to the fabric. Attach the second side of the neck strap to the top of the apron by pinning at the right edge. (Make sure not to twist the strap when attaching it to the top.



STEP ELEVEN

Make the apron straps.

Iron a seam down the center of the first 4"x17" strip, open it up, wrong side out (FIG 1).

Fold each of the long sides in to the center (FIG 2).

Fold both of the short ends in 1/4" (FIG 3).

Fold the two long sides together and pin (FIG 4).

Edge stitch all four sides of the apron straps (FIG5).



FIG 1



FIG 2



FIG 3



FIG 4



FIG 5

STEP TWELVE

Attach the straps to the apron body.

Pin the strap to the top edge of the apron side (below bodice), sew a 1/4" seam.

Repeat with the other strap on the opposite side of the apron.



STEP THIRTEEN

Make the pocket hem by sewing a 1/4" seam (AS SHOWN IN STEP FIVE) at the top of the pocket.



STEP FOURTEEN

Attach the pocket. Fold the remaining three sides in a 1/4" and iron them flat. Center the pocket over the apron body and pin it in place. Sew the pocket to the front of the apron.



STEP FIFTEEN

You're done! Enjoy!

